**Conclusion of the Creighton Prep’s St. Ignatius of Loyola’s 19th Annotation Retreat: Food for the Journey**

***Grace: We pray for Your continuing grace to discern Your mission for us,***

***to see Thee more clearly, love Thee more dearly, and follow Thee more nearly, day by day***

**Suggested Prayer Practices**

There are several suggested spiritual practices that will help facilitate our continued spiritual growth. Of course, pray to discern God’s will for you, specifically regarding what, when, and how much of the following He wishes for you:

***Daily prayer and reflection***

***Regularly read the Holy Scriptures***

***Learn about the saints and martyrs of the church***

***Continue to do the daily Examen of Consciousness***

***Review of prayer, periodically, perhaps with the aid of a journal***

***Consider spiritual direction which is typically once a month with a priest***

***Frequent confession, monthly if possible***

***Frequent reception of the Eucharist***

***Form or join a Christian Life Community group***

***Join Ignatian Volunteer Corps***

***Join Ignatian Associates***

***Encourage your sons to become a Jesuit Volunteer following college graduation***

***Encourage your son to be open to all vocations, including the priesthood***

***Take advantage of the many wonderful Catholic prayer opportunities and programs in our archdiocese***

***Go on retreats periodically; there are daily, three-day, eight-day retreats offered throughout the year***

***Continue to pray for the Prep teachers, administrators, staff, students, and especially for our beloved Prep***

 ***Jesuit community and continue to support Prep by donating your time, talent and treasure***

***Spread the word of this retreat to other Prep parents***

***Volunteer to help facilitate the retreat next year***

***Listen daily to Catholic radio-KVSS (102.7 FM) and watch Catholic television EWTN as possible***

**Meditation**

***The Exercises in Daily Life Brother Roger’s Prayer***

**Some Concluding Jesuit Prayers :**

***Take and Receive (Suscipe) I Choose You***

***Our Mother A Litany for Vocations***

**Catholic Devotions, Prayers, and Liturgical Seasons:**

***Devotion to Mary***

**All Things Jesuit: *Jesuit of the Month: St. Francis Jerome***

**Parent/Teacher/Staff Prayers and Activities:**

 ***Teen Prayer: Patient Trust Papal Intentions through the summer***