***Daily Grace:*** *(pray this daily!)*

***We ask for the grace to see that there is a wide-ness in your mercy like the wide-ness of the sea.***

**Daily readings / Scriptures**  (Fr. Link’s Challenge Book).

***Link 8: How aware am I of Sin’s Presence in my life?***

***(optional) Link 9: How aware am I that I will be held accountable for my life?***

***(optional) Link 10: How does the thought of death impact the way I live?***

***Link 11: How Conscious am I of God’s forgiveness of me?***

***Link 12: How grateful am I of God’s forgiveness of me?***

**1st Week of Advent (Dec 4-11)**

***Link 13: Why did Jesus live among us?***

Also, note that the specific grace to ask for each week, the suggested daily scriptures, and weekly instructions are listed at the beginning of each week. Also see additional Scripture Packet

**Examen of Consciousness** St. Ignatius offers this devotion to help review each day. An APP titled “Reimagining the Examen” is a wonderful APP to use. Try to get into the habit, and then develop your rhythm

Ignatian Meditations and Contemplations: Within the next month, try to do each meditation at least once:

* **My own death *\**The Mirror in the Field**
* **Raising of Lazarus, A Dear Friend *FYI: Triple Colloquy***
* **Contemplation on the Incarnation *FYI: Jesus Prayer***

Understanding Ignatian Spirituality

* Prayer Before Meditation; Inside Cover of Link book \***Principle and Foundation**
* **What are these Weeks of the Spiritual Exercises? \*See the Presence in all things**

Prayers and Petitions

* ***Papal Intentions***
* ***Prep Intentions***

Educational & Prayer Guidelines

***\* General Confession \* Review of Prayer \*Three little ways of Praying***

Catholic Practices and Traditions: Question of the Month:

***\* Bereavement Novena***