**Challenge: (Link: pp. 38-87)**

This Red book is our gift to you. It is important for you to read and reflect on one page a day.

***Link 3: Do I rejoice in who I am?***

***Link 4: How meaningful is my life?***

***Link 5: How real is God for me?***

***Link 6: What is God’s plan for me?***

***Link 7: How open am I to God’s plan for me?***

Note that the specific grace to ask for each week, the suggested daily scriptures, and weekly instructions are listed at the beginning of each week. (pages 49, 59, 69, 79)

**Examen of Consciousness**

St. Ignatius offers this devotion to help review each day.

Find two versions on the Prayer group web site…

Try to get into the habit, and then develop your rhythm.

***Daily Grace:*** *(pray this daily!)*

***We ask for the grace***

***to understand God’s   
unconditional love for us***

***despite our sinfulness.***

Jesuit of the Month:

Bl. Miguel Pro, SJ

**See website for a bio:**

**Born:**13th of January 1891

**Entered the Society:**15th Aug 1911

**Ordained:**31st of August 1925

**Executed:**23rd of November 1927

Meditations: (can be found on the website)

Within the next month, try to do each of the meditations at least once

* *Prayer Before Meditation*

*(Inside Cover of Link book)*

* ***Principle and Foundation***
* ***The Sin of the Angels***
* ***The Sin of Adam and Eve***
* ***The Sin of One Person***
  + ***FYI: Triple Colloquy***
  + ***FYI: Jesus Prayer***

Jesuit Prayers: (can be found on the website)

Pray when the Spirit leads you.

* ***Transformation***
* ***Surrender***
* ***Prayer to Christ Our Model***
* ***You Have Called Me by Name***
* ***What Have I Done for Christ***
* ***Teach Me to Listen***

Background information:

(can be found on the website)

* **Ignatian Spirituality Resources for Parents**

Educational & Prayer Guidelines

(can be found on the website)

* ***Praying with Fantasy***
* ***Centering***

Catholic Devotion:

(can be found on the website)

* ***Rosary: St. Ignatius Method***

Intentions: (can be found on the website)

* ***Prayer for Staff, Teachers, Jesuits***
* ***Papal Intentions***
* ***Prep Intentions***
* ***Birthdays***

Suggested Scripture Passages:

To help in familiarity with Jesus, the following can help. Read what you can but try to do the boxed readings.

Luke 11: 1-13: “Teach us to Pray”

1 Samuel 3:1-10: “Speak Lord. I want to listen.”

Psalm 139: “Lord your search me and you know me.”

Jeremiah 29: 11-14; “The plans I have for your welfare.”

Isaiah 43; “You are precious in my sight.”

Ephesians 2: 10; You are God’s handiwork.

Mark 10: 46-52; “What do you want, Bartimaeus?”

John 5: 1-9; “Do you want to be healed?”

Luke 7: 36-50; Jesus forgives woman washing his feet.

***IMPORTANT:***

***These handouts are intended to enrich your experience, not overwhelm you.***

***This is NOT homework!!!***

***It is a variety of materials that represent different means for communicating and drawing closer to Our Lord.***

***We provide a variety of materials as everyone has different spiritual tastes and needs.***

***Choose where the Holy Spirit leads YOU in your life today. Do as much or as little as you can in your busy schedules, and know that God cannot be outdone in love and generosity.***

***He will give back so much more for every moment we spend with Him!***

**Anima Christi**

Soul of Christ, sanctify me   
Body of Christ, save me   
Blood of Christ, inebriate me   
Water from the side of Christ, wash me   
O good Jesus, hear me   
Within your wounds, hide me   
Permit me not to be separated from you   
From the wicked enemy, defend me   
At the hour of my death, call me   
And bid me come to you   
That with your saints I may praise you   
For ever and ever.   
Amen.

*Prayer to help celebrate*

*the Restoration of the Society of Jesus, 1814*

*Blessed are you, Lord, who choose the weak and make them strong, raise the fallen, heal the wounded and gather the dispersed back to you.*

*Renew us with the Spirit who moved St. Ignatius and his companions to serve your Son under the standard of the Cross.*

*Grant us the courage to reach out to our forgotten brothers and sisters; the generosity to open our doors to those who seek you, and the wisdom to sow seeds of your Kingdom in the hearts of all we meet, for the greater glory of your Name, as we pray…*

*Let us bless the Lord.*

*All: Thanks be to God.*