**Challenge: (Link: pp. 17-37)**

This Red book is our gift to you. It is important for you to read and reflect on one page a day. For this month, pray over the first two “weeks”

**Link 1: Who is St. Ignatius?**

**Link 2: Who am I?**

Also, note that the specific grace to ask for each week, the suggested daily scriptures, and weekly instructions are listed at the beginning of each week. You can find the suggested scripture readings for this month on p. 29, p. 39

**Examen of Consciousness**

St. Ignatius offers this devotion to help review each day.

Find two versions on the Prayer group web site…

Try to get into the habit, and then develop your rhythm.

***Daily Grace:*** *(pray this daily!)*

*We ask for the Grace to discern how God is calling me / us and whether we are called to enter into this spiritual journey at this time.*

Jesuit of the Month:

Henri Cardinal de Lubac, SJ

**See website for a bio:**

**Born:**20th of February 1896

**Entered the Society:**9th of October ‘13

**Ordained:**22nd of August 1927

**Created Cardinal:** 2nd February 1983

**Died:**4th of September 1991

Background information:

(can be found on the website)

* ***Who Can Benefit from the Examen and the Spiritual Exercises of St. Ignatius?***
* ***Spiritual Exercises of St. Ignatius Endorsed by Pope Emeritus Benedict XVI***

Educational & Prayer Guidelines

(can be found on the website)

* ***Praying with Scripture***

Catholic Devotion:

(can be found on the website)

* ***The Angelus***

Intentions: (can be found on the website)

* ***Papal Intentions***
* ***Prep Intentions***
* ***Birthdays***

Meditations: (can be found on the website)

Within the next month, try to do each of the meditations at least once

* ***The Principle and Foundation***
* ***Finding God in All Things***
* ***The Life of St. Ignatius of Loyola***

Jesuit Prayers: (can be found on the website)

Pray when the Spirit leads you.

* ***Prayer for Beginning of a Retreat***
* ***Anima Christi***
* ***Prayer for Generosity***
* ***Take and Receive (Suscipe)***
* ***Prayer for What I Want***
* ***Prayer to Know God’s Will***
* ***Call to Prayer (Link book)***
* ***Call of Mission (Link book)***

***IMPORTANT:***

***These handouts are intended to enrich your experience, not overwhelm you.***

***This is NOT homework!!!***

***It is a variety of materials that represent different means for communicating and drawing closer to Our Lord.***

***We provide a variety of materials as everyone has different spiritual tastes and needs.***

***Choose where the Holy Spirit leads YOU in your life today. Do as much or as little as you can in your busy schedules, and know that God cannot be outdone in love and generosity.***

***He will give back so much more for every moment we spend with Him!***

Suggested Scripture Passages:

To help in familiarity with Jesus, the following can help. Read what you can but try to do the boxed readings.

**John 4:1-14: Whoever comes to Jesus Christ never thirsts.**

**John 10: 1-21: Jesus, Good Shepherd, knows my name.**

**Luke 5:27-32: Jesus comes to people like me.**

**Mark 12: 1-12: Christ comes to my world; do I receive Him?**

**Mark 9: 14-29: I have faith; help my little faith.**

**Matthew 14: 13-21: Jesus heals & feeds the hungry.**

**Luke 15: 1-32: Three parables about God’s merciful love.**

**Luke 11:1-13: Lord, teach us to pray.**

**Psalm 139: God, you made me in my mother’s womb and create my inmost self**

**Matt. 6: 25-34: Consider the lilies of the field.**

**Isaiah 43: 1-7: You are precious in my eyes and I love you.**

**Luke 4: 16-30: Jesus’ Spirit raises great desires in Him to reconcile everyone to God**

**Hosea 11: 1-4: God carried me through infancy.**

**Psalm 105: God pours out kindness & tenderly sustains me.**

**Isaiah 45: 7-13: God creates me more surely than a potter creates a pot.**

**Ephesians 1: 3-14: God chose that I should believe and trust and love Him.**

**Romans 8:14-17; 26-27: The Spirit seized me & taught me to know God.**

**2 Corinthians 5: 14-18: Humanity shares Jesus’ risen life.**

**Luke 13: 10-17: Jesus wants to heal anyone who suffers.**

**Ephesians 2: 1-10: My whole life and self are God’s work of art.**

*Prayer to help celebrate*

 *the Restoration of the Society of Jesus, 1814*

*Blessed are you, Lord, who choose the weak and make them strong, raise the fallen, heal the wounded and gather the dispersed back to you.*

*Renew us with the Spirit who moved St. Ignatius and his companions to serve your Son under the standard of the Cross.*

*Grant us the courage to reach out to our forgotten brothers and sisters; the generosity to open our doors to those who seek you, and the wisdom to sow seeds of your Kingdom in the hearts of all we meet, for the greater glory of your Name, as we pray…*

*Let us bless the Lord.*

*All: Thanks be to God.*

**Suscipe**

Take Lord, and receive all my liberty, my memory,

my understanding, and my entire will,

all that I have and possess.

You have given all to me.

To You, O Lord, I return it.

All is Yours, dispose of it wholly according to Your will.

Give me Your love and Your grace,

for this is sufficient for me.